



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Bigger Bolder Grill Combos	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Grilled Shrimp Skewer & Crispy Shrimp & 6 oz. USDA Select Top Sirloin	X	X	X	X	X				X	
Crispy Shrimp & Grilled Salmon	X	X	X	X	X	X			X	
6 oz. USDA Select Top Sirloin & ½ Rack Baby Back Ribs (without sauce)	X	X	X	X					X	
Honey BBQ Sauce										
Texas Style BBQ Sauce	X									
½ Rack Baby Back Ribs (without sauce) & Grilled Chicken Breast	X	X	X	X					X	
Honey BBQ Sauce										
Texas Style BBQ Sauce	X									
Grilled Shrimp Skewer & Grilled Chicken Breast	X	X	X	X	X				X	
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 12/30/18. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Appetizers & Build Your Sampler	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Boneless Wings (choice of sauce & dressing not included)		X	X						X	
Classic Buffalo Sauce		X								
Honey BBQ Sauce										
Sweet Asian Chile Sauce		X	X						X	
Bleu Cheese Dressing	X			X						
Ranch Dressing	X			X						
Brew Pub Pretzels & Beer Cheese Dip	X		X	X					X	
Brew Pub Pretzels & Beer Cheese Dip, Sampler	X		X						X	
Brisket Quesadilla	X	X	X						X	
Chipotle Lime Chicken Quesadilla	X	X	X						X	
Cheeseburger Egg Rolls	X	X	X	X					X	
Chicken Wonton Tacos	X	X	X	X					X	
Chips & Salsa										
Crunchy Onion Rings	X	X	X						X	
Double Crunch Bone-In Wings (choice of sauce & dressing not included)										
Classic Buffalo Sauce		X								
Honey BBQ Sauce										
Sweet Asian Chile Sauce		X	X						X	
Bleu Cheese Dressing	X			X						
Ranch Dressing	X			X						
French Fries Basket										
Mozzarella Sticks	X		X	X					X	
Neighborhood Nachos	X									
Neighborhood Nachos (with Chipotle Chicken)	X									
Spinach & Artichoke Dip	X		X						X	
Taco Topped Queso & Chips	X									
White Queso Dip & Chips	X									
The Classic Combo (choice of sauce & dressing not included)	X	X	X	X					X	
Classic Buffalo Sauce		X								
Honey BBQ Sauce										
Sweet Asian Chile Sauce		X	X						X	
Bleu Cheese Dressing	X			X						
Ranch Dressing	X			X						
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p style="text-align: center;">Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Soups & Salads	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Soups										
Chicken Tortilla Soup	X	X								
Chili	X	X	X						X	
French Onion Soup	X	X	X						X	
Loaded Potato Soup	X	X	X						X	
Clam Chowder	X	X	X		X	X			X	
Tomato Basil Soup	X	X	X						X	
Salads										
Small Caesar Salad (choice of dressing not included)	X		X						X	
Garlic Caesar Dressing	X			X		X				
Green Goddess Wedge Salad (choice of dressing not included)	X		X				X		X	
Green Goddess Dressing	X			X		X				
House Salad (choice of dressing not included)	X		X						X	
Bleu Cheese Dressing	X			X						
Buttermilk Ranch Dressing	X			X						
Chili Lime Vinaigrette										
Dijon Honey Mustard Dressing				X						
Garlic Caesar Dressing	X			X		X				
Green Goddess Dressing	X			X		X				
Honey French Dressing										
Italian Dressing, Fat Free										
Lemon Olive Oil Vinaigrette										
Mexi Ranch Dressing	X			X						
Oriental Dressing	X	X								
While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.										
Applebee's Guest Relations 888-59APPLE (888-592-7753)										
Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Steak & Ribs	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
6 oz. USDA Select Sirloin										
8 oz. USDA Select Sirloin										
Applebee's® Riblets Platter (with cole slaw) (choice of sauce not included)	X			X						
Honey BBQ										
Texas BBQ	X									
Applebee's® Riblets Plate (choice of sauce not included)										
Honey BBQ										
Texas BBQ	X									
Bourbon Street Steak (includes sides)	X	X								
Double-Glazed Baby Back Ribs, Full & Half (choice of sauce not included)										
Honey BBQ										
Texas BBQ	X									
Shrimp 'N Parmesan Sirloin	X	X	X		X				X	
Toppers										
Crispy Onion Tangles	X		X						X	
Grilled Onions		X								
Sauteed Garlic Mushrooms	X	X								
Shrimp 'N Parm Topper	X	X	X		X				X	
Add On										
Grilled Shrimp Skewer	X				X					
Choice of Sides										
Baked Potato	X	X								
Classic Fries										
Fired-Grilled Veggies	X									
Four-Cheese Mac & Cheese with Bacon	X	X	X						X	
Garlic Mashed Potatoes	X	X								
Garlicky Green Beans	X	X								
Loaded Baked Potato	X	X								
Loaded Garlic Mashed Potatoes	X	X								
Steamed Broccoli	X									
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p> <p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Chicken	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Bourbon Street Chicken & Shrimp	X	X			X					
Cedar Grilled Lemon Chicken			X				X		X	
Chicken Tenders Platter	X		X	X					X	
Chicken Tenders Plate	X		X	X					X	
Chicken Wonton Stir Fry		X	X	X					X	
Classic Chicken Parmesan (without breadstick)	X		X						X	
Breadstick	X	X	X						X	
Fiesta Lime Chicken®	X	X		X						
Grilled Chicken Breast (choice of side not included)										
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p> <p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Seafood	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Cedar Salmon with Maple Mustard Glaze (choice of side not included)						X				
Double Crunch Shrimp	X	X	X	X	X				X	
Fish & Chips	X		X	X		X			X	
Shrimp Wonton Stir Fry		X	X	X	X				X	
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Pasta	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Breadstick	X	X	X						X	
Breadsticks with Alfredo Sauce	X	X	X						X	
Blackened Shrimp Alfredo	X	X	X		X				X	
Classic Broccoli Chicken Alfredo	X	X	X						X	
Classic Chicken Parmesan	X		X						X	
Creamy Penne Pasta with Sliced Prime Rib	X	X	X						X	
Four-Cheese Mac & Cheese with Honey Pepper Chicken Tenders	X	X	X	X					X	
Stuffed Rigatoni with Tomato Basil Meat Sauce	X	X	X						X	
Three Cheese Chicken Penne	X	X	X						X	
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p style="text-align: center;">Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Salads	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Crispy Chicken Tender Salad (choice of dressing not included)	X		X	X					X	
Dijon Honey Mustard Dressing				X						
Crispy Chicken Tender Salad (with Grilled Chicken) (choice of dressing not included)	X			X						
Dijon Honey Mustard Dressing				X						
Grilled Chicken Caesar Salad (choice of dressing not included)	X		X						X	
Garlic Caesar Dressing	X			X		X				
Grilled Caesar Salad (with Blackened Shrimp) (choice of dressing not included)	X		X		X				X	
Garlic Caesar Dressing	X			X		X				
Oriental Chicken Salad (with Crispy Chicken) (choice of dressing not included)	X		X	X			X		X	
Oriental Dressing	X	X								
Oriental Chicken Salad (with Grilled Chicken) (choice of dressing not included)		X	X				X		X	
Oriental Dressing	X	X								
Southwestern Steak Salad (choice of dressing not included)	X									
Cilantro Ranch Dressing	X			X						
Southwestern Chicken Salad (choice of dressing not included)	X									
Cilantro Ranch Dressing	X			X						
Thai Shrimp Salad (choice of dressing not included)		X	X	X	X		X	X	X	
Chili Lime Vinaigrette										
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p style="text-align: center;">Applebee's Guest Relations 888-59APPLE (888-592-7753)</p> <p style="text-align: center;">Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Burgers	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Brunch Burger	X	X	X	X					X	
Classic Bacon Cheeseburger (choice of cheese not included)	X	X	X	X					X	
American Cheese	X									
Cheddar Cheese	X									
Swiss Cheese	X									
Pepper Jack Cheese	X									
Classic Cheeseburger (choice of cheese not included)	X	X	X	X					X	
American Cheese	X									
Cheddar Cheese	X									
Swiss Cheese	X									
Pepper Jack Cheese	X									
Classic Burger	X	X	X	X					X	
Quesadilla Burger	X	X	X	X					X	
Triple Bacon Burger	X	X	X	X					X	
Whisky Bacon Burger	X	X	X	X					X	
Burger Add Ons										
Bacon										
Burger Patty										
American Cheese	X									
Cheddar Cheese	X									
Swiss Cheese	X									
Pepper Jack Cheese	X									
Fried Egg				X						
Choice of Sides										
Classic Fries										
Crunchy Onion Rings	X	X	X						X	
Chili Cheese Fries	X	X	X						X	

While we strive to keep this information current, please note that ingredient changes and substitutions may occur. **Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.**

Applebee's Guest Relations 888-59APPLE (888-592-7753)

Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Sandwiches, Wraps & Tacos	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Sandwiches										
Bacon Cheddar Grilled Chicken Sandwich	X	X	X	X					X	
Clubhouse Grille	X	X	X	X					X	
Zesty Chicken Sandwich	X	X	X	X					X	
Wraps & Tacos										
BBQ Brisket Tacos	X	X	X	X					X	
Chicken Fajita Rollup	X		X	X					X	
Grilled Chicken Bacon Wrap	X		X						X	
Choice of Sides										
Classic Fries										
Crunchy Onion Rings	X	X	X						X	
Chili Cheese Fries	X	X	X						X	
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p style="text-align: center;">Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Desserts	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Southern Apple Fritter	X	X	X	X					X	
Blue Ribbon Brownie	X	X	X	X			X		X	
Brownie Bite	X	X	X	X			X		X	
Butter Pecan Blondie	X	X	X	X			X		X	
Chocolate Chip Cookie Sundae	X	X	X	X					X	
Hot Fudge Sundae Shooter	X	X								
Triple Chocolate Meltdown®	X	X	X	X					X	
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p> <p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Kids Menu	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Kids Main Meal										
Cheeseburger	X	X	X	X					X	
Cheesy Pizza	X	X	X						X	
Chicken Quesadilla	X	X	X						X	
Chicken Taco	X		X						X	
Chicken Tenders	X		X	X					X	
Corn Dog		X	X	X					X	
Crispy Shrimp		X	X		X				X	
Grilled Chicken Alfredo	X	X	X						X	
Kraft® Macaroni & Cheese	X		X						X	
Kids Side										
Broccoli Trees										
French Fries										
Garlic Mashed Potatoes	X	X								
Mott's Applesauce Cup										
Mozzarella Sticks	X		X	X					X	
Sliced Strawberries with Vanilla Yogurt	X									
Kids Drinks										
1% Chocolate Milk	X									
1% Milk	X									
Apple Juice										
Grape Juice										
Lemonade										
Orange Tangerine Juice										
Kids Shakes										
Chocolate Shake	X									
Oreo Cookie Shake	X	X	X						X	
Strawberry Shake	X									
Vanilla Shake	X									
Kids Sundaes										
Hot Fudge Sundae	X	X								
Oreo Sundae	X	X	X						X	
Strawberry Sundae	X									
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. **Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.**

X - Denotes presence of an allergen or sensitive ingredient

Beverages	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Flavored Lemonades										
Frozen Lemonades										
Flavored Iced Teas										
Fountain Drinks										
Red Bull Energy Drinks										
Lemonade/Iced Tea Quenchers										
Blackberry Lemonade Quencher										
Strawberry Lemonade Quencher										
Blackberry Iced Tea Quencher										
Peach Iced Tea Quencher										
Signature Sodas										
Pomegranate Sparkler										
Winter Dew										
Decadent Shakes										
Chocolate Shake	X									
Oreo® Cookie Shake	X	X	X						X	
Vanilla Shake	X									
Strawberry Shake	X									
Tea & Coffee										
Iced Tea										
Hot Tea										
Coffee										
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 11/12/18. Good thru 2/24/2019. Document is subject to updates. Check back regularly.</p>										

©2018 Applebee's Restaurants LLC. All Rights Reserved