



ALLERGEN INFORMATION

As America's Favorite Neighbor, the health and safety of our guests are top priorities at Applebee's. As part of our commitment to you, we provide the most current allergen information available from our food suppliers on eight common allergens plus gluten and added monosodium glutamate (MSG), so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.

X - Denotes presence of an allergen or sensitive ingredient

Appetizers & Build Your Sampler	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts*	Peanuts	Gluten	MSG
Boneless Wings (choice of sauce & dressing not included)		X	X							X
<u>Accompanied by:</u> Your Choice of Sauce										
Classic Buffalo Sauce		X								
Honey BBQ										
Spicy Sweet Asian Chile		X	X							X
<u>Accompanied by:</u> Your Choice of Dressing										
Bleu Cheese Dressing	X			X						
Buttermilk Ranch Dressing	X			X						
Brew Pub Pretzels & Beer Cheese Dip	X		X	X						X
Brew Pub Pretzels & Beer Cheese Dip, Sampler	X		X							X
Brisket Quesadilla	X	X	X							X
Chipotle Lime Chicken Quesadilla	X	X	X							X
Cheeseburger Egg Rolls	X	X	X	X						X
Chicken Wonton Tacos	X	X	X	X						X
Chips & Salsa										
Crunchy Onion Rings	X	X	X							X
Double Crunch Bone-In Wings (choice of sauce & dressing not included)										
<u>Accompanied by:</u> Your Choice of Sauce										
Classic Buffalo Sauce		X								
Honey BBQ										
Spicy Sweet Asian Chile		X	X							X
<u>Accompanied by:</u> Your Choice of Dressing										
Bleu Cheese Dressing	X			X						
Buttermilk Ranch Dressing	X			X						
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Appetizers & Build Your Sampler	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
French Fries										
Mozzarella Sticks	X		X	X					X	
Salads (see soups & salads section for allergens)										
Salsa Verde Beef Nachos	X	X								
Soups (see soups & salads section for allergens)										
Spinach & Artichoke Dip	X		X						X	
The Classic Combo (choice of sauce & dressing not included)	X	X	X	X					X	
<u>Accompanied by:</u> Your Choice of Sauce										
Classic Buffalo Sauce		X								
Honey BBQ										
Spicy Sweet Asian Chile		X	X						X	
<u>Accompanied by:</u> Your Choice of Dressing										
Bleu Cheese Dressing	X			X						
Buttermilk Ranch Dressing	X			X						
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Soups & Salads	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
	Soups									
Chicken Tortilla Soup	X	X								
Chili	X	X	X							X
French Onion Soup	X	X	X							X
Loaded Potato Soup	X	X	X							X
Clam Chowder	X	X	X		X	X				X
Tomato Basil Soup	X	X	X							X
Salads										
Please note: choice of dressing is not included in allergen information, unless otherwise noted. Allergens for dressing listed separately.										
Green Goddess Wedge Salad	X		X				X			X
<u>Accompanied by:</u>										
Green Goddess Dressing	X			X		X				
Small Caesar Salad	X	X	X							X
<u>Accompanied by:</u>										
Garlic Caesar Dressing	X			X		X				
House Salad (choice of dressing not included)	X	X	X							X
<u>Accompanied by:</u> Your Choice of Dressing										
Bleu Cheese Dressing	X			X						
Buttermilk Ranch Dressing	X			X						
Chili Lime Vinaigrette										
Cilantro Ranch	X			X						
Dijon Honey Mustard Dressing				X						
Garlic Caesar Dressing	X			X		X				
Green Goddess Dressing	X			X		X				
Honey French Dressing										
Italian Dressing, Fat Free										
Lemon Olive Oil Vinaigrette										
Mexi Ranch Dressing	X			X						
Oriental Dressing	X	X								
Side of Bread	X	X	X	X						X
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Steak & Ribs	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Please note: choice of side is not included in allergen information, unless otherwise noted. Allergens for sides listed separately below.										
6 oz. USDA Select Sirloin		X	X							X
8 oz. USDA Select Sirloin		X	X							X
Applebee's® Riblets Platter (with cole slaw) (choice of sauce not included)	X			X						
<u>Accompanied by:</u> Your Choice of Sauce										
Honey BBQ										
Texas BBQ	X									
Applebee's® Riblets Basket (choice of sauce not included)										
<u>Accompanied by:</u> Your Choice of Sauce										
Honey BBQ										
Texas BBQ	X									
Bourbon Street Steak (includes sides)	X	X	X							X
Double-Glazed Baby Back Ribs, Full & Half (choice of sauce not included)										
<u>Accompanied by:</u> Your Choice of Sauce										
Honey BBQ										
Texas BBQ	X									
Shrimp 'N Parmesan Sirloin	X	X	X		X					X
Add-On Grilled Shrimp Skewer	X				X					
Choice of Sides:										
Baked Potato	X	X								
Baked Potato, Loaded	X	X								
Classic Fries										
Fired-Grilled Veggies	X									
Four-Cheese Mac & Cheese with Bacon	X		X							X
Garlic Mashed Potatoes	X	X								
Garlic Mashed Potatoes, Loaded	X	X								
Garlicky Green Beans	X	X								
Steamed Broccoli	X									
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Chicken	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Bourbon Street Chicken & Shrimp	X	X			X					
Cedar Grilled Lemon Chicken			X				X		X	
Chicken Tenders Platter	X		X	X					X	
Chicken Tenders (smaller portion)	X		X	X					X	
Chicken Wonton Stir Fry		X	X	X					X	
Classic Chicken Parmesan	X		X						X	
Fiesta Lime Chicken®	X	X		X						
Grilled Chicken Breast (choice of side not included)										
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Seafood	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Cedar Salmon with Maple Mustard Glaze (choice of side not included)						X				
Double Crunch Shrimp	X	X	X	X	X					X
Fish & Chips	X		X	X		X				X
Shrimp Wonton Stir Fry		X	X	X	X					X
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Pasta	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Classic Broccoli Chicken Alfredo	X	X	X						X	
Classic Broccoli Alfredo (w/ Blackened Shrimp)	X	X	X		X				X	
Classic Chicken Parmesan	X		X						X	
Four-Cheese Mac & Cheese with Honey Pepper Chicken Tenders	X	X	X	X					X	
Spinach & Artichoke Chicken Penne	X		X						X	
Three-Cheese Chicken Penne	X	X	X						X	
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Salads	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Please note: choice of dressing is not included in allergen information, unless otherwise noted. Allergens for dressing listed separately.										
Crispy Chicken Tender Salad	X		X	X						X
<u>Accompanied by:</u> Dijon Honey Mustard Dressing				X						
Crispy Chicken Tender Salad (w/ Grilled Chicken)	X			X						
<u>Accompanied by:</u> Dijon Honey Mustard Dressing				X						
Grilled Chicken Caesar Salad	X	X	X							X
<u>Accompanied by:</u> Garlic Caesar Dressing	X			X		X				
Grilled Caesar Salad (w/ Blackened Shrimp)	X	X	X		X					X
<u>Accompanied by:</u> Garlic Caesar Dressing	X			X		X				
Oriental Chicken Salad (w/ Crispy Chicken)	X		X	X			X			X
<u>Accompanied by:</u> Oriental Dressing	X	X								
Oriental Chicken Salad (w/ Grilled Chicken)		X	X				X			X
<u>Accompanied by:</u> Oriental Dressing	X	X								
Southwestern Steak Salad	X	X	X							X
<u>Accompanied by:</u> Cilantro Ranch Dressing	X			X						
Southwestern Chicken Salad	X									
<u>Accompanied by:</u> Cilantro Ranch Dressing	X			X						
Thai Shrimp Salad		X	X	X	X		X	X	X	
<u>Accompanied by:</u> Chili Lime Vinaigrette										
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Burgers	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
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All-Day Brunch Burger	X	X	X	X						X
Classic Burger	X	X	X	X						X
Quesadilla Burger	X	X	X	X						X
The American Standard Burger	X	X	X	X						X
Triple Bacon Burger	X	X	X	X						X
Whisky Bacon Burger	X	X	X	X						X
Burger Add Ons										
Bacon										
Burger Patty										
American Cheese	X									
Cheddar Cheese	X									
Swiss Cheese	X									
Pepper Jack Cheese	X									
Fried Egg				X						
Choice of Sides										
Classic Fries										
Crunchy Onion Rings	X	X	X							X
Chili Cheese Fries	X	X	X							X
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Sandwiches, Wraps & Tacos	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Sandwiches										
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Bacon Cheddar Grilled Chicken Sandwich	X	X	X	X						X
Clubhouse Grille	X	X	X	X						X
Zesty Chicken Sandwich	X	X	X	X						X
Wraps & Tacos										
BBQ Brisket Tacos	X	X	X	X						X
Chicken Fajita Rollup	X		X	X						X
Grilled Chicken Bacon Wrap	X		X							X
Choice of Sides										
Classic Fries										
Crunchy Onion Rings	X	X	X							X
Chili Cheese Fries	X	X	X							X
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Desserts	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
	Apple Chimi Cheesecake	X	X	X	X					X
Blue Ribbon Brownie	X	X	X	X			X		X	
Brownie Bite	X	X	X	X			X		X	
Butter Pecan Blondie	X	X	X	X			X		X	
Chocolate Chip Cookie Sundae	X	X	X	X					X	
Hot Fudge Sundae Shooter	X	X							X	
Triple Chocolate Meltdown®	X	X	X	X					X	
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Kid's Menu	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Please note: choice of side is not included in allergen information, unless otherwise noted. Allergens for sides listed separately below.										
Chicken Tenders	X		X	X						X
Chicken Griller										
Corn Dog			X	X	X					X
Grilled Cheese	X	X	X							X
Kraft® Macaroni & Cheese	X		X							X
4 oz. Sirloin			X	X						X
Chicken Mac 'n Cheese	X		X							X
Fried Shrimp			X	X		X				X
Mini Cheeseburger	X	X	X	X						X
Mini Hamburger	X	X	X	X						X
Choice of Sides										
Apple Dippers with Yogurt	X									
Applesauce										
Caesar Salad	X	X	X	X		X				X
Fries										
Garlic Mashed Potatoes	X	X								
Steamed Broccoli										
Mozzarella Sticks	X		X	X						X
Vanilla Yogurt with Strawberries	X									
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Kid's Menu	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
House Salad (choice of dressing not included)	X	X	X							X
<u>Accompanied by:</u> Your Choice of Dressing										
Bleu Cheese Dressing	X			X						
Buttermilk Ranch Dressing	X			X						
Chili Lime Vinaigrette										
Cilantro Ranch	X			X						
Dijon Honey Mustard Dressing				X						
Garlic Caesar Dressing	X			X		X				
Green Goddess Dressing	X			X		X				
Honey French Dressing										
Italian Dressing, Fat Free										
Lemon Olive Oil Vinaigrette										
Mexi Ranch Dressing	X			X						
Oriental Dressing	X	X								
Kid's Drinks										
Milk	X									
Chocolate Milk	X									
Apple Juice										
Orange Tangerine Juice										
Grape Juice										
Kid's Shakes & Sundaes										
Chocolate Shake	X									
Oreo® Cookie Shake	X	X	X							X
Strawberry Shake	X									
Vanilla Shake	X									
Hot Fudge Sundae	X	X								X
Oreo® Cookie Sundae	X	X	X							X
Strawberry Sundae	X									
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Beverages	Milk	Soy	Wheat	Eggs	Shellfish	Fish	Tree Nuts	Peanuts	Gluten	MSG
Flavored Iced Teas										
Flavored Lemonades										
Frozen Lemonades										
Iced Tea										
Hot Tea										
Coffee										
Fountain Drinks										
Lemonade Quenchers										
Blackberry Lemonade Quencher										
Strawberry Lemonade Quencher										
Iced Tea Quenchers										
Blackberry Iced Tea Quencher										
Peach Iced Tea Quencher										
Signature Sodas										
Dew Berry Burst										
Pomegranate Sparkler										
Strawberry Sparkler										
Winter Dew										
Decadent Shakes										
Chocolate Shake	X									
Oreo® Cookie Shake	X	X	X							X
Strawberry Shake	X									
<p>While we strive to keep this information current, please note that ingredient changes and substitutions may occur. Due to the individualized nature of allergies and food sensitivities, Applebee's cannot make recommendations that are suitable for your dietary needs. Please consult your physician.</p> <p>Applebee's Guest Relations 888-59APPLE (888-592-7753)</p>										
<p>Applicable only to the U.S.A. Information as of 3/19/18. Good thru 5/20/2018. Document is subject to updates. Check back regularly.</p>										

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